



### Upcoming Dates:

#### ◆ September

2nd - Labor Day (Dojo Closed)

#### ◆ October

8th - Testing

11th - KK Testing/Promotions

31st - Happy Halloween!  
(Dojo Closed)

空手道

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**Orlando  
Okinawan  
Shorin ryu  
Karate-do**

# The Shuri Gate

Okinawan Shorin-ryu Karate-do  
3340 Curry Ford Road, Orlando, FL 32806  
407-897-3642, okinawanshorinryu.com



August 2022

## !!!!!! CONGRATULATIONS !!!!!!! Rokudan Renshi Trish Gaudoin

On earning your 6th degree Black Belt rank. We are very proud of you!



### STUDENTS OF THE MONTH

#### Kinderkarate

Penelope Vanore

#### Children's Class

Charleston Hayes

Harrison Hayes

#### Adult Class

Javier Herrero

### KATA OF THE MONTH

Benny Philyaw

2nd - Theon Spicer

### Welcome New Students

*Nicholas Poulos*

*Cesar Leal*

*Sofia Leal*

*Isaac Ritsema*

*Brennan Green*

*Diego Lasanta*

## July Testing

### KinderKarate Class

Nicholas Poulos white belt, yellow tip  
Ami Andreasen yellow stripe belt  
Penelope Vanore yellow stripe belt  
Teo Saraiva yellow stripe belt, orange tip  
Michael Vanore orange stripe belt  
Taylor Hardisty orange stripe belt, blue tip



### Children's Class

Cesar Leal white 1 tip  
Sofia Leal white 1 tip  
Isaac Ritsema white 1 tip  
Michael Ball white 2 tips  
Wakinyan Birdshead white 2 tips  
Luke Andreasen white 3 tips  
Charleston Hayes white 3 tips  
Harrison Hayes white 3 tips  
Gavin Conlon yellow 1 tip  
Essex Dunham yellow 1 tip  
Benny Philyaw yellow 1 tip  
Thomas Poore yellow 2 tips  
Rian Saraiva yellow 2 tips  
Cayden Harmer orange belt  
Theon Spicer orange belt  
Joey Pinon orange 2 tips  
Levi Waters red belt  
Ryne Wallace red 2 tips  
Lillian Dukes red 3 tips  
Elijah Dukes blue 2 tips  
Joshua Denton purple belt



### Adult Class

Sakhan Yith 6th kyu  
Jonathan Herrero 4th kyu  
Joe Catapano 2nd kyu  
Judd Cheatwood 2nd kyu  
Luis Portas 2nd kyu  
Ocean Warren 2nd kyu



### **The History of Matsubayashi-Ryu**    By Ocean Warren, Ni-Kyu

Matsubayashi-ryu, also referred to as Shorin-ryu, is a style of the Shuri-te side of karate. Karate was divided into two central groups: Shuri-te and Naha-te. Shuri-te contains quick movements with natural breaths, while Naha-te contains slower, crescent shaped movements with an artificial way of breathing. Within these types of karate, there are different styles - Shuri-te consisting of three: Shorin-ryu, Shobayashi-ryu, and Matsubayashi-ryu.

The name Matsubayashi-ryu is a tribute to Sokon Matsumora and Kosaku Matsumora, two masters that taught the senseis of Grandmaster Shoshin Nagamine. In 1947, Grandmaster Nagamine added the style of Matsubayashi-ryu to Shuri-te. The terms Shorin-ryu and Matsubayashi-ryu both mean 'pine forest' and can be used interchangeably, however, when referring to Grandmaster Nagamine's style specifically, Matsubayashi-ryu is used. Grandmaster Nagamine's love for karate originated at a young age (in his teenage years), and grew to serve in the military and become a police officer. During World War II, he was promoted and assigned the role of chief in the Emergency War Supply Distribution Department of the Naha Police Station, when later he decided to devote himself to karate and teaching the art.

Grandmaster Nagamine dreamt of having a dojo of his own, but the destruction of his city from the war postponed that dream for him. Later he was promoted again to the position of Police Superintendent and the head of his station. He taught his white-belt officers judo, preparing them for a tournament against other Okinawan teams with lots more men. They won the tournament and the white-belts were all promoted to black. Soon after the victory, Nagamine remembered his dream and resigned from his position as head of the station to pursue it. This is when Matsubayashi came to be. Grandmaster Nagamine wanted to teach his students in a way that was true to karate and history while honoring his senseis.

Matsubayashi-ryu has three main concepts; courtesy, cleanliness, and diligence (in that order). Courtesy requires respect toward yourself and others, whether they're senseis or other students, along with respect of karate and its history. Cleanliness requires one to clear their minds and keep their bodies and minds clean. Lastly, diligence calls for hard work and perseverance. You must have a positive and clean attitude/outlook in order to be successful in karate.

In summary, Matsubayashi-ryu is a style of Shuri-te that was created by Grandmaster Shoshin Nagamine after World War II when he was pursuing his dreams of opening his own dojo. There are certain courtesies that need to be followed in order to show respect and honor and to be successful in the style.



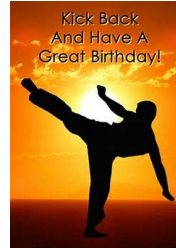
# ***Birthdays***

## **August**

Tristan Wallace 8th  
Caleb Carver 12th  
Michael Castro 14th  
Joshua Denton 16th  
Joe Catapano 21st  
Sensei Ronnie Peirce 21st  
Joel LeFlore 22nd  
Sakhan Yith 28th  
Gavin Conlon 29th  
Javier Herrero 30th  
Sensei Wende Gustafson 31st

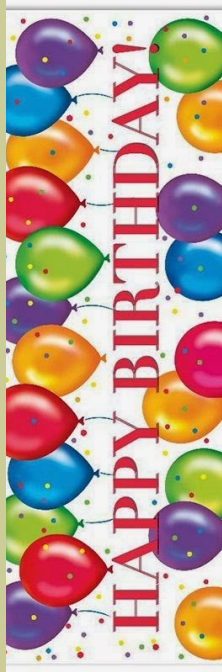
## **September**

Cesar Leal 8th  
Moises Ortiz 8th  
Benny Philyaw 24th



## **October**

Charleston Hayes 7th  
Harrison Hayes 7th  
Rian Saraiva 7th  
Sri Marepalli 8th  
Diego Lasanta 9th  
Elijah Dukes 14th  
Luis Portas 15th  
Sensei Mike Kleiman 16th  
Ami Andreasen 20th



"A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher."

***Luke 6 : 40***

## **Beach Party**

**Shepard's Park, Cocoa Beach  
June 11<sup>th</sup>, 2022**



**Join us next Summer!!**



## **Shihan Ritter Seminar July 23<sup>rd</sup>, 2022**

**It is always an honor and so much fun to have Shihan visit our dojo.**

**Thank you to all who participated!**

